

# The Longmynd Hike

## Latest News

- October 2019

- **Help us maintain good relations with the landowners.**

**The organisers would be really grateful if when practising for, or competing on the hike, people could avoid using the public footpath that actually passes through the farmyard at Corndon Farm. It is not really on a logical route from CP10 Corndon Hill to CP11 Woodgate Farm and would be very helpful in maintaining good relations with the landowners.**

- **When training between Shelve and Corndon** and when on the event:

From the edge of Shelve wood at grid ref 327986 to the A488 road follow the public footpath diagonally across the fields above Foxhall Farm to meet the road at at grid ref 320981. Do not cut down through the farmyard as [1] there is no public footpath (that starts further north and skirts round the edge of the farmyard); [2] the farmyard is private and full of machinery which could pose a safety hazard to the unauthorised and untrained; [3] the A488 is a fast road and particularly dangerous to cross in the immediate vicinity of the farm.

The Longmynd Hike is a 50 mile competition hike open to anyone aged 18 or over, which takes place over the first weekend of October every year.

**The route:** The hike follows a set figure-of-eight route over the rugged countryside of South Shropshire and the Welsh Marches, with about 8,000 feet of climbing covering eight summits. The start is at 13:00 hours on the Saturday from [Church Stretton](#) and the object is to complete the course in under 24 hours. Church Stretton School is used as the hike HQ for the weekend and is where registration and kit check takes place, car parking is available and all hikers must report here first. The hike starts from a location to the East of the A49. The route is detailed in the "Hike Route" section of this site.

**Safety:** Suitable footwear must be worn, waterproofs and a specified amount (or more) of safety equipment must be carried, which is fully detailed in the rules. All checkpoints are linked by radio to the hike HQ at the school, first aid and rescue/sweep teams provide backup and transport is provided from retirement points back to the school for competitors who are unable to complete the route.

**What is provided:** Drinks are provided for competitors at roadside checkpoints and the school. The school also provides breakfast for competitors from early on the Sunday, has showers available and classrooms for sleeping. Everyone who starts the hike receives a certificate of their achievement showing the distance completed and time taken, the souvenir tally carried en-route is returned with the certificate. Your friends and family can track your progress around the course on the [FellTrack.com](#) website.

**Trophies:** 12 individual trophies and two team trophies are awarded.

**Results:** A list of finishers and winners will be available, the list will also be published on this website as soon as practical after the event ends.

The Hike is organised by **2nd Longmynd Scout Group**.

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